

# J.W. Hayden Facility Schedules: Youth

www.jwhayden.org  
updated January 2024

## MEMBER/GUARDIAN

### OPEN GYM

For Member/Guardian  
AGES 6m to PreK

**Saturday**

8:15am to 9:15am

**AGES 5-11**

**Friday**

5:45pm to 6:30pm

**Saturday**

11:45am to 12:45pm

### YOUTH OPEN GYM

For Members AGES 12-21

**Monday**

3:15pm to 4:30pm

6:00pm to 8:45 pm

**Tuesday**

7:00pm to 8:45pm

**Wednesday**

3:15pm to 4:00pm

7:15pm to 8:45pm

**Thursday**

7:15pm to 8:45pm

**Friday**

6:30pm to 7:15pm

**Saturday**

2:00pm to 2:45pm

## YOUTH WEIGHT ROOM

For Members AGES 12 TO 21

**Monday to Thursday**

6:30am to 8:45pm

**Friday**

6:30am to 7:15pm

**Saturday**

8:00am to 2:45pm

## YOUTH LAP SWIM

For Members AGES 12-21

**AND**

## YOUTH FREE SWIM

For Members AGES 4 TO 21

Swimmers must be able to  
stand comfortably and  
independently in 3 feet of  
water

**Monday & Thursday**

3:45pm to 4:30pm

**Friday & Saturday**

1:45pm to 2:45pm

## FREE FAMILY FUN

For Member/Guardian  
Youth members must be  
accompanied in the gym  
and/or water by a parent or  
adult guardian

### OPEN GYM

**AGES 5-11**

**Friday**

5:45pm to 6:30pm

### FREE SWIM

For Member/Guardian

**AGES 6mo+**

**Friday**

6:30pm to 7:15pm

**PLEASE NOTE ALL FACILITY  
OFFERINGS ARE SUBJECT TO  
CHANGE BY SEASON,  
SESSION & LPS SCHEDULES**

## Youth membership (Ages birth-21 years): \$51.00 (resident)

Youth memberships will be valid for 12 months from the date of  
purchase.

*Please see our website for information on non-resident memberships.*

## GENERAL SKATE (\$8)

For Members AGES 4 & up  
**Wednesday & Friday**

1:00pm to 2:00pm

**Saturday**

3:30pm to 4:45pm

## ICE FACILITY DESK

Monday-Friday

6:00am-7:00pm

Saturday

1:00pm-7:30pm

Sunday

7:00am-7:00pm

10 Lincoln St (781) 862-5575

## RECREATION CENTRE

Monday-Thursday

6:30am-9:00pm

Friday

6:30am-7:30pm

Saturday

8:00am-3:00pm

24 Lincoln St (781) 862-8480

## PICKLEBALL

Age 16+ See Adult Facility  
Schedule for details

