



# J.W. Hayden Facility Schedules

www.jwhayden.org  
updated May 2024

## June 17 - August 23

### Adult

### Youth

**ADULT OPEN GYM**  
For Members AGES 21 & UP  
Monday to Friday  
6:30am to 8:00am

**ADULT PICKLEBALL**  
Members Age 16+ (free)  
Non-members Age 16+ (\$13)  
Registration Required  
Monday to Friday  
6:30am to 8:00am

**ADULT WEIGHT ROOM**  
For Members AGES 21 & UP  
Monday to Friday  
6:30am to 9:00am  
4:00pm to 6:45pm

**ADULT SWIM**  
For Members AGES 21 & UP  
Monday to Friday  
6:30am to 9:30am  
Monday AND Friday  
4:00pm to 6:30pm  
Tuesday to Thursday  
5:30pm to 6:30pm  
**SENIOR SWIM**  
Swim Times for  
members 60+  
Tuesday to Thursday  
4:30pm to 5:30pm

**YOUTH OPEN GYM**  
For Members AGES 12-21  
Monday to Friday  
5:45pm to 6:45pm

**YOUTH WEIGHT ROOM**  
For Members AGES 12-21  
Monday to Friday  
6:30am to 6:45pm

**YOUTH LAP SWIM**  
For Members AGES 12-21  
**AND**  
**YOUTH FREE SWIM**  
For Members AGES 4-21  
Swimmers must be able to  
stand comfortably and  
independently in 3 feet of  
water  
**Monday AND Friday**  
3:15pm to 4:00pm

**RECREATION CENTRE**  
Monday-Friday  
6:30am-7:00pm  
Saturday-Sunday  
CLOSED  
**24 Lincoln St (781) 862-8480**  
**ICE FACILITY office hours**  
Monday-Friday  
9:00am-4:00pm  
Saturday-Sunday  
CLOSED  
**10 Lincoln St (781) 862-5575**



Both facilities  
CLOSED:  
June 19, 2024  
July 4, 2024  
July 5, 2024