

HAYDEN RECREATION CENTRE FIGURE SKATING CLUB

RULES AND ICE CONDUCT

It is the responsibility of all skaters, parents, and skating professionals to familiarize themselves with these rules to ensure safety and courtesy on the ice and within the John P. Chase Skating Facility.

Participation:

1. **Only** members of the Hayden Recreation Centre Figure Skating Club may skate on club ice sessions.
2. All Hayden Recreation Centre Figure Skating Club skaters must be **current** Hayden Recreation Centre members. They must be 4 years old or older.
3. Hayden Recreation Centre FSC is a sanctioned U. S. Figure Skating Member club. Per U.S. FIGURE SKATING member rules, in order to “participate in any U.S. FIGURE SKATING program or Learn to Skate activity” (including Test Structure and Competition), all Figure Skating Clubs skaters and skating coaches must file a “U.S. FIGURE SKATING Membership or Learn to Skate Registration Form with their “Home Club”.
4. To skate on any Hayden FSC club ice session, skaters and coaches must be full members of U.S. Figure Skating and a member of Hayden Recreation Centre. This includes adult skaters and Skate with U.S. members who are utilizing these sessions for private lessons or practice. **NOTE: Hayden Recreation’s General Skate sessions do not require U.S. FIGURE SKATING memberships.**
5. All membership and registration application forms may be obtained at the front desk or on our website: www.jwhayden.org
6. Skaters do not need to represent Hayden as their Home Club to be a Hayden Recreation FSC member. However, all non-representing skaters must have their U.S. FIGURE SKATING number on record verified and be listed at the Skating Facility Front Desk.
7. All Hayden FSC members in good standing with Hayden and U.S. FIGURE SKATING are eligible to register for Hayden’s club ice sessions.
8. All Hayden professionals teaching private lessons must be registered coaches with U.S. Figure Skating

General Rules of Conduct

1. All Hayden Rec. FSC members and professional staff are expected to heed the rules and protocols of the facility and staff when on premises.
2. Hayden Rec. FSC members are expected to respect the personal possessions of others in the building, as well as the grounds, locker rooms, and equipment of the facility and property.
3. There is no smoking allowed inside the facility. Please use proper receptacles when smoking outside of the building. Please do not smoke directly in front of the building.
4. Skating on unauthorized ice surfaces, unlit ice surfaces, or when unattended by staff is prohibited.
5. No horseplay of any kind is allowed. Offensive language or behavior in the lobby, rink, and locker rooms or on ice will result in being asked to leave the premises and/or a formal complaint.
6. Repeated or serious issues will be referred to the Ice Facility Management for further consideration. Club members wishing to report concerns may do so in person or in writing to the Ice Facility.
7. No spectators may instruct skaters on or off the ice.

Ice Rules

1. All skaters must register online for the club ice before skating the session. Registration will begin on the 15th of the prior month and continue until the session starts.
2. Payment is due at the time of registration.
3. All skaters must check in at the front desk before each session.
4. Once a session has started, you may not switch from it, or get off the ice and get a refund. Cancellations may be done online or by emailing the Facility Director 24 hours prior to the start of the session.
5. All skaters must meet level requirements for the session signed up for. Skaters below Basic 6 **MUST** be in lesson with a Hayden profession instructor.

Music Protocol

1. All music must be played at a level that follows the US Figure Skating Music requirements. (80 DB max). Any louder music will be turned down or stopped. Frequent violators will lose music privileges.
2. MUSIC playlist sheets will be utilized prior to exhibitions.
3. All skaters who wish to have their music played must list their name on the music play list. cd's/ipods should be placed on the music table in the order listed on the play list.
4. Music will be played in order after a 5-minute warm-up.
5. Coaches may cut in to play a cd/ipod once per session. If a coach cuts into the rotation, they may not cut another coach. The order should go skater, lesson, skater, lesson, skater etc.
6. All lessons should be listed on the play list. If that skater is already in line, her/his music will only be played once.
7. Only music that is listed on the play list will be played.
8. No restarts will be allowed and all cd's must be played once before a skater can play his/her music again.
9. Skaters may not list their name more than once.
10. Skaters **must** wear a pinnie identifying themselves to the rest of the skaters during their program.

On Ice Protocol

1. Skaters must clear the ice and all items from the boards promptly upon completion of the session. Once the Zamboni signals and enters onto the ice surface, all program music is to be turned off.
2. If a skater practicing an element needs to give warning to avoid a collision, it should be done so courteously. Skaters and professionals should yield quickly and politely when necessary.
3. **A skater doing a program has the right of way**, However, skaters performing spins or backward moves should be given consideration to avoid collisions.

4. Skaters on lesson should not traverse through the flow of traffic and **MUST** yield to skaters doing their programs. Skater in a harness lesson must be given appropriate space. Skaters in harness lessons must yield to a skater in Program.
5. Skaters doing programs **must** wear a pinnie to identify themselves to the other skaters.
6. Skaters must keep moving on the ice. Unless injured, a skater must get up from a fall as soon as possible.
7. If an injured skater cannot move of his or her own accord, the front desk must be notified. The front desk will notify emergency personnel. It is recommended that an injured skater **NOT** be moved by anyone other than medically trained personnel. Medical report forms are available at the front desk and **MUST** be filled out (by Hayden Staff) at the time of the incident.
8. Congregating at the board or on the ice is not permitted, so that other skaters can move freely and avoid accidents.
9. Skaters must wear skates when on the ice. Sitting on the boards or climbing over the boards to enter or exit the ice is not permissible for skaters and professionals.
10. Skaters are not allowed to have refreshments on the ice other than drinks in sealed, unbreakable containers.
11. No skater may use the equipment of another skater without permission.
12. Boom boxes or ipods are allowed for choreography by professionals only and will be kept to a minimum volume. At no time should they be louder than program music playing overhead. Personal music devices are not allowed to be worn on the ice surface at any time.
13. Programs must be timed appropriately for the skaters' competitive freestyle level.
14. Skaters and professionals must not congregate at the corners of the rink used for lutztes other than practicing the maneuver.
15. Spins should be done center ice, unless part of the skaters' program.
16. Shadowing or group skating elements or patterns are not permitted.

Professional Protocol

1. All Hayden professionals wanting to instruct on club ice must have completed the requirements of a Professional Coach/Choreographer per USFS and PSA.

Proof of completion of all requirements must be presented to the Ice Facility prior to coaching on club ice. This includes: safe sport certification, background check, insurance binder naming Hayden as and additional insured, USFS coaching registration and CER completion certificate.

2. All professionals are expected to adhere to the PSA code of conduct.
3. Professionals are expected to observe the highest standards of conduct and respect, not only to their students, but also to all skaters on the ice, their parents, members of the staff and professional colleagues.
4. Only Hayden professionals may instruct skaters on or off the ice. All coaches **must** be registered coaches with U. S. Figure Skating to teach on club sessions.
5. Skaters below Basic 6 **MUST** be in lesson for the entire time they are on the ice. If a session is split between two basic level skaters the first skater must leave the ice once the lesson is finished.
6. Only Hayden professionals coaching a student on lesson may videotape from the boards for the purpose of instructions
7. The ice must be cleared immediately upon the entrance or signal of the Zamboni driver onto the ice.
8. Professionals should teach near the boards as much as possible, unless choreographing a program, have a skater on program, or the demonstration is impossible any other way than near the boards. Professionals should avoid teaching in the Lutz corner.
9. Professionals must wear skates on the ice and no professional may sit on the boards at any time. Only professionals and skaters are allowed in the hockey boxes.
10. Professionals must exit the ice at the rink exit. Do not climb over the boards.
11. Professionals should make every effort to notify students personally if they are not coming in as expected.

Monthly U.S. FIGURE SKATING Test Sessions

1. We host moves and freestyle tests the second Wednesday of every month; October to April (generally from 10:00 A.M. to 3:00 P.M.) and we have another session in late May prior to closing.

2. Test forms are available at the Ice Facility Front Desk and on our website: www.jwhayden.org.
3. Only current full members of US Figure Skating may take tests
4. Deadline for sign up is two weeks prior to test date. Applications must be in by 5:00 pm on the due date to be considered on time. **NO LATE TEST APPLICATIONS WILL BE ACCEPTED!!**
5. Applications MUST be signed by your coach of record in order to be considered. No refunds of test fees
6. We accept testers from out-of-club on a space available basis. All out-of-club members are charged an additional \$10 to test here.
7. Test schedules will be available ASAP after the deadline and testers will be notified by phone or email of their test time.
8. Only registered coaches with U.S. Figure Skating will be allowed at test sessions.
9. All skaters must wait 14 days to re-test a failed moves or dance test.
10. Ice Dance tests are scheduled twice a year December and May. December's test is held on a Sunday evening. May's test is held following the moves/freestyle test

TESTING AT ANOTHER CLUB IN PERSON OR VIRTUALLY:

1. Any skater in good standing may test at any U.S. FIGURE SKATING club provided they have their home club's authorization.
2. Test application may be left at the desk for the club authorization signature. If the desk staff has time to verify the information it will be signed at that time. If not, it can be left for verification.
3. Permission to test may be requested via email
4. Test applications can be picked up in the evening of the current day or on the next day.
5. Test applications will not be signed if all information is not filled out! This includes: U.S. FIGURE SKATING #, last test passed and failed. Skaters name and other information. Tests will not be signed if a pro's signature is not yet obtained.

6. All out of club test forms must be obtained by the skater. Hayden does not have forms from other clubs.