



J.W. Hayden Recreation Centre

est. 1958

April Vacation Week

TUESDAY, APRIL 16 - SUNDAY, APRIL 21

CLOSED: APRIL 15



ADULT WEIGHT ROOM

**For Members AGES 21 & UP
Tuesday- Friday**

6:30am to 3:00pm

Saturday

8:00am to 10:00am

YOUTH WEIGHT ROOM

**For Members AGES 12 TO 21
Tuesday - Friday**

6:30am to 6:15pm

Saturday

8:00am to 2:45pm

ADULT OPEN GYM

**For Members AGES 21 & UP
Tuesday and Friday**

12:15pm to 2:15pm

Wednesday

6:30am to 8:00am

Saturday

8:00am to 9:00am

ADULT SWIM

**For Members AGES 21 & UP
Tuesday- Friday**

6:30am to 9:30am

11:30am to 1:45pm

Saturday

8:15am to 10:15am

SENIOR SWIM

**For Members AGES 60 & UP
Tuesday and Thursday**

9:30am to 10:30am

Wednesday and Friday

10:30am to 11:30am

ADULT PICKLEBALL

Members Age 16+ (free)

Non-members Age 16+ (\$13)

Registration Required

Tuesday, Thursday & Friday

6:30am to 8:00am

Wednesday & Thursday

12:15pm to 2:15pm

YOUTH OPEN GYM

**For Member/Guardian
AGES 6mo- 4**

Tuesday - Friday

10:15am to 11:00am

Saturday

9:15am to 11:00am

**For Member/Guardian
AGES 5-11**

Tuesday - Friday

11:00am to 12:00pm

Saturday

11:00am to 1:00pm

**For Members AGES 12-21
Tuesday - Friday**

3:00pm to 5:00pm

Saturday

1:00pm to 2:45pm

YOUTH LAP SWIM

**For Members AGES 12-21
and YOUTH FREE SWIM**

For Members AGES 4 TO 21

Swimmers must be able to
stand comfortably and
independently in 3 ft of water

Tuesday - Friday

4:45pm to 5:30pm

Saturday

12:30pm to 2:30pm

YOUTH GENERAL SKATE

For Members AGES 4+

Fee: \$8

Wednesday & Friday

1:00pm to 2:00pm

Saturday

3:30pm to 4:45pm

RECREATION CENTRE

Monday

CLOSED

Tuesday - Friday

6:30am-6:30pm

Saturday

8:00am-3:00pm

Sunday

CLOSED

ICE FACILITY DESK

Monday

CLOSED

Tuesday - Friday

6:45am-7:00pm

Saturday

1:00pm-7:30pm

Sunday

7:00am-12:45pm

MEMBER/GUARDAIN SWIM

For Members AGES 6mo+

Youth members must be
accompanied in the water by a
parent or adult guardain.

Tuesday - Friday

5:30pm to 6:15pm

Saturday

10:30 am to 12:00pm